



Mental Health and Substance Abuse resources in Connecticut

Honor Wellness Center: Outpatient care for first responders and their families.

Contact Phyllis DiGioia, LCSW , 860-919-9762

phyllis@honorwellness.org, <http://www.honorwellness.org/about.html>

Clinicians: *(call ahead to verify insurance coverage)*

Wendy Sauer (Danbury) - 203-790-1234

Dawn Roy (Fairfield) – 203-331-7458

Linda Rost (Wilton) – 203-762-7970

Susan Marcus (Greenwich) – 203-531-3327

Cheryl Kenn (New Haven) – 203-675-3440

Jennifer Thompson (Newtown) – 203-285-8599

John Skorpen (Waterbury) – 203-756-4988

Joe Gugliotti (Waterbury) – 860-598-4209

Susan Peterman (West Hartford) – 860-233-8111

Mike Dogali (Hamden) – 203-230-5817

Susan Engel (Avon) – 860-269-3104

Pam Neary (South Windsor) - 860-646-0055

Tabatha Maiorano (Old Lyme) – 860-499-0663

Louise Pyers (West Hartford) – assessment, consultation, referrals -203-848-0320

Robert Matefy (Bridgeport) - [203-335-0345](tel:203-335-0345)

Melissa DiVito (Middletown) - [860-704-0300](tel:860-704-0300)

Charleen Kupec Miele (Newington) – 860-614-8382

Laney Rosensweig (West Hartford) - 860-233-3523

Safe Call Now- A confidential, comprehensive, 24 hour crisis referral service for all public safety employees, all emergency services personnel and their family members nationwide. [206-459-3020](tel:2064593020)

Dennis Cole dennis@uniformedhelp.org <https://www.uniformedhelp.org/what-we-do/>

Police Stressline – This website features insightful articles and a forum on stress in law enforcement. http://www.geocities.com/stressline_com/police_stressline

CT Alliance to Benefit Law Enforcement Warm Line - 8 am to 8 pm. 7 days a week. A confidential non-emergency information and referral line for resources and referrals available for public safety personnel and their families in Connecticut. [203-848-0320](tel:2038480320).

Information on Peer Support training - <http://www.cableweb.org/training/peer-support>

In-patient and residential rehab programs: Substance abuse/mental health

Marworth – Waverly, PA (has a Uniformed Services Division) – www.marworth.org, Phone: 800-442-7722

Four Winds Hospital – Katonah, NY – www.fourwindshospital.com – 914-763-8151

Livengrin Foundation – Bensalem, PA – www.livengrin.org – 215-638-5200

OTHER RESOURCES

Internal EAP

Insurance referred counseling

Clergy

Family and Friends

Post Critical Incident Seminars aevans@valeap.org <http://valeap.org/>

Brattleboro Retreat Uniformed Services Program <https://www.brattlebororetreat.org/usp>

On-Site Academy, Westminster, MA onsite-ggi@onsiteacademy.org PHONE: 978-874-0177

Center for the Study of Traumatic Stress, Bethesda, MD <https://www.cstsonline.org/>

Pocono Mountain Recovery Center, Henryville, PA (866) 302-6867

We continue to update our lists.

Please check with CABLE at LCP@cableweb.org or call 203-848-0320 for consultation and/or additional resources.